



FIRST 5 RIVERSIDE

Directory of Services

All services are offered at no- to low-cost for eligible Riverside County residents. For more information on these services or to enroll, please contact the agency directly. (800) 266 - 3880 | www.First5Riverside.org

QUALITY START RIVERSIDE COUNTY

Helps parents choose child care by providing tools and resources to find the best program for their child's needs.

www.qualitystartrc.org
(800) 266-3880

RIVERSIDE HYBRID ALTERNATE PAYMENT (RHAP) PROGRAM

Child care scholarship for low-income children to attend quality rated licensed child care centers and homes. Families must meet program eligibility criteria.

www.rcoe.us
(800) 442-4927

IN-HOME PARENTING PROGRAMS

Home Instruction for Parents of Preschool Youngsters (HIPPY)

Provides learning activities for children ages 3 & 4 in preparation for kindergarten. Must reside in the Jurupa Unified School District.

www.jurupausd.org
(951) 360-4175

Nurse Family Partnership

For first time, low-income pregnant mothers.

www.rivcophn.org
(951) 358-5438

Nurturing Parent Program

Intensive case management services designed to support families at risk of entering or re-entering the Child Welfare System.

www.parentzatwork.org
(760) 246-8364

A Tactile Approach to Learning

For families with children, aged 0 through 5, who are blind, visually impaired, or have other sensory disabilities.

www.blindnesssupport.com
(951) 341-9244

Parent-Child Home Program

Focuses on school readiness for children 16 months to 2 years of age and building positive child-parent interaction. Must reside in the Jurupa Unified School District.

www.jurupausd.org
(951) 222-7872

SafeCare

For pregnant mothers and families. Designed to educate parents & support children who have experienced abuse &/or neglect.

www.rivcophn.org
(951) 358-5438

www.jfkfoundation.org
(760) 776-1600

www.fsaca.org
(951) 686-1096

RAISING A READER

Program which promotes reading by providing preschool and kindergarten children with 3 to 4 different books each week to take home and read with their family. Open to preschool children enrolled at participating Head Start sites in the Desert Sands Unified School District and Kindergarten children enrolled at participating sites in the Coachella Valley Unified School District.

www.unitedwayofthedesert.org
(760) 323-2731 ext. 108

DROWNING PREVENTION

Swim lessons for children ages 6 months through 5 years and water safety education classes for their parents/caregivers. Families must reside in Eastvale, Murrieta, Riverside, Temecula, Palm Desert or Cathedral City.

www.socalwaterbabies.com
(951) 251-5210

HEALTHY STEPS

Pediatric primary care program which includes a Specialist that connects and guides families during and between well-child visits. Specialists are trained to provide families with parenting guidance, support between visit, referrals and care coordination, all specific to their needs. Participating partner agencies will provide Specialist assistance to families with children ages 0 through 3.

Borrego Health Centers

www.borregohealth.org/eastside-health-center-bldg-a
Riverside— (951) 213-3450

www.borregohealth.org/arlanza-family-health-center
Arlanza — (951) 710-3970

www.borregohealth.org/san-jacinto-health-center
San Jacinto — (951) 487-8506

www.borregohealth.org/dhs-community-health-center
Desert Hot Springs— (760) 676-5240

www.borregohealth.org/centro-medico-cathedral-city
Cathedral City—(760) 321-6776

Rady Children's Hospital

www.rchsd.org/locations/satellite-locations/murrieta-2/

www.cpcmg.net/locations/temecula/

Murrieta & Temecula —
(858) 966-1700 ext. 257346

Riverside University Health System

www.ruhealth.org/en-us/Pages/Locations.aspx
Moreno Valley—(951) 486-5194

INLAND EMPIRE SMILES

Scheduled risk-based preventative and early restorative oral health services delivered at designated sites where children are located.

Borrego Community Health Foundation
www.borregohealth.org
(760) 423-5090 ext. 4915

Neighborhood Healthcare
www.nhcare.org
(951) 216-6100

North County Health Services
www.nchs-health.org
(951) 956-2400

Vista Community Clinic
www.vistacommunityclinic.org
(951) 252-2720

SET-4-SCHOOL

Provides behavioral health screenings and therapy for children ages 0 through 5.

www.rcdmh.org/set4school
(951) 358-6895

FREE RESOURCES

- New Parent Kit
- Children's Books
- Text messages featuring parenting facts, tips and activities

www.rccfc.org/families/parent-resources
(800) 266-3880



FIRST 5 RIVERSIDE

Directorio de Servicios

Todos los servicios se ofrecen gratis o a bajo costo para los residentes elegibles del Condado de Riverside. Para obtener más información sobre estos servicios o para inscribirse, comuníquese directamente con la agencia.
(800) 266 - 3880 | www.First5Riverside.org

QUALITY START RIVERSIDE COUNTY

Ayuda a los padres a elegir cuidados infantiles proveyendo herramientas y recursos que permiten encontrar el mejor programa para las necesidades de su hijo.

www.qualitystartrc.org
(800) 266-3880

RIVERSIDE HYBRID ALTERNATE PAYMENT (RHAP) PROGRAM

Beca de cuidado infantil para niños de bajos ingresos para que asistan a centros y hogares de cuidado infantil de calidad, que tienen licencia. Las familias deben cumplir con los requisitos de elegibilidad del programa.

www.rcoe.us

PROGRAMAS DE CRIANZA EN EL HOGAR

Home Instruction for Parents of Preschool Youngsters (HIPPIY)

Provee actividades de aprendizaje para niños de 3 y 4 años en preparación para el kindergarten. Debe residir en el Distrito Escolar Unificado de Jurupa.

www.jurupausd.org
(951) 360-4175

Nurse Family Partnership

Para madres embarazadas por primera vez de bajos ingresos.

www.rivcophn.org
(951) 358-5438

Nurturing Parent Program

Servicios intensivos de administración de casos diseñados para apoyar a las familias en riesgo de ingresar o reingresar al Sistema de Bienestar Infantil.

www.parentznetwork.org
(760) 246-8364

A Tactile Approach to Learning

Para familias con niños de 0 a 5 años de edad que son ciegos o tienen deficiencia visual u otras discapacidades sensoriales.

www.blindnesssupport.com
(951) 341-9244

Parent-Child Home Program

Para niños de 16 meses a 2 años de edad que se centra en la preparación para la escuela y el establecimiento de interacciones positivas entre padres e hijos. Debe residir en el Distrito Escolar Unificado de Jurupa.

www.jurupausd.org
(951) 222-7872

SafeCare

Para madres embarazadas y familias, diseñado para educar a los padres y apoyar a los niños que han sufrido abuso y/o negligencia.

www.rivcophn.org
(951) 358-5438

www.jfkfoundation.org
(760) 776-1600

www.fsaca.org
(951) 686-1096

RAISING A READER

Programa que promueve la lectura, disponible a niños que están en preescolar y kindergarten proveyendo de 3 a 4 libros diferentes cada semana disponible para llevar a casa y leer con su familia. Está disponible para niños en edad preescolar inscritos en los sitios participantes de Head Start del Distrito Escolar Unificado de Desert Sands y niños de kindergarten inscritos en los sitios participantes del Distrito Escolar Unificado de Coachella Valley.

www.unitedwayofthedesert.org
(760) 323-2731 ext. 108

PREVENCIÓN DE AHOGAMIENTO

Clases de natación para niños de 6 meses a 5 años de edad y clases de educación sobre seguridad en el agua para sus padres y cuidadores. Las familias deben residir en Eastvale, Murrieta, Riverside, Temecula, Palm Desert o Cathedral City.

www.socalwaterbabies.com
(951) 251-5210

HEALTHY STEPS

Programa pediátrico de atención primaria que incluye un especialista que conecta y guía a las familias durante y entre visitas de control del niño sano. Los especialistas son capacitados a proveer a las familias orientación parental, apoyo entre visitas, referencias y coordinación del cuidado de la salud todo específico a sus necesidades. Agencias asociadas que están participando proveerán asistencia especializada a familias con niños de 0 a 3 años de edad.

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www.borregohealth.org/eastside-health-center-bldg-a
Riverside— (951) 213-3450

www.borregohealth.org/arlanza-family-health-center
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Murrieta & Temecula —
(858) 966-1700 ext. 257346

Riverside University Health System

www.ruhealth.org/en-us/Pages/Locations.aspx
Moreno Valley—(951) 486-5194

INLAND EMPIRE SMILES

Servicios de salud bucal preventivos y de temprana restauración subministrados en sitios designados donde los niños se encuentran.

Borrego Community Health Foundation
www.borregohealth.org
(855) 436-1234

Neighborhood Healthcare
www.nhcare.org
(951) 216-6100

North County Health Services
www.nchs-health.org
(951) 956-2400

Vista Community Clinic
www.vistacommunityclinic.org
(951) 252-2720

SET-4-SCHOOL

Provee exámenes de la salud de comportamiento y terapia para niños de 0 a 5 años de edad.

www.rcdmh.org/set4school
(951) 358-6895

RECURSOS GRATUITOS

- Paquete para nuevos padres
- Libros infantiles
- Mensajes de texto que contienen datos de crianza, consejos y actividades

www.rccfc.org/families/parent-resources
(800) 266-3880