

# Vaccines

Make sure your children are protected

**Vaccinations - or baby shots - shield kids from diseases and help keep them healthy. Here are tips to remember:**

- Start your baby's vaccinations on time and keep them up-to-date.
- Ask the doctor or nurse what to expect after the shot.
- Take your child's vaccination records with you to every doctor visit.
- Keep vaccination records in a safe place - you will need them for school and child care.

For more information, call First 5 Riverside at (800) 266-3880 or visit [www.rccfc.org](http://www.rccfc.org) and [www.first5california.com/parents](http://www.first5california.com/parents).

