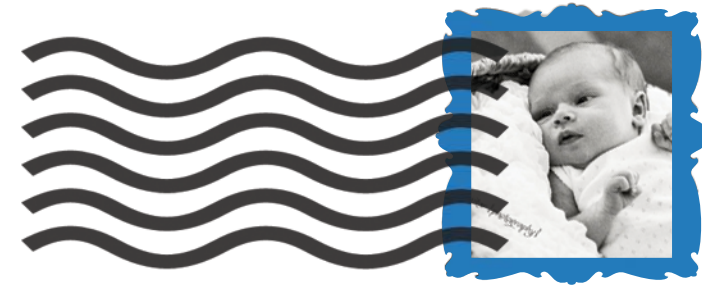




Welcome Baby!



*Dear New Parent,*

Congratulations! Now that your new baby is home, there are many resources available to help you give your child the best start in life. Here are just a few:

- **Kit for New Parents** - A free guide from First 5 California packed with information on everything from introducing solid foods to finding a quality preschool  
[800-KIDS-025](tel:800-KIDS-025) or [www.first5california.com/kit.asp](http://www.first5california.com/kit.asp)
- **Paid Family Leave** - A state program offering working parents support and time off so you can bond with your baby  
[877-238-4373](tel:877-238-4373) or [www.edd.ca.gov](http://www.edd.ca.gov)
- **American Academy of Pediatrics** - A parent-friendly site that answers your questions about everything from breastfeeding to vaccinations, straight from the experts  
[www.healthychildren.org](http://www.healthychildren.org)
- **BabyCenter** - A reliable source for new parents and expectant moms with advice and discussion groups  
[www.babycenter.com](http://www.babycenter.com)

For more information on children ages 0-5, contact First 5 Riverside at (800) 266-3880 and [www.rccfc.org](http://www.rccfc.org) or visit [www.first5california.com/parents](http://www.first5california.com/parents)

