

# A to Z of Fruits and Vegetables

*Provided by First 5 preschool teachers*

A-Apple

B-Broccoli

C-Carrot

D-Delicata Squash

E- Eggplant

F-Fig

G-Grapes

H-Honeydew

I-Indian Corn

J-Jicama

K-Kiwi

L-Lemon/Lime

M-Mushroom

N-Nopales (Spanish for Cactus)

O-Okra

P-Pomegranate

Q-Quince

R-Radish

S-Sprouts

T-Tomato

U-Ugli Fruit

V-Velvet Bean

W-Watermelon

X-Xiqua (Chinese for Watermelon)

Y-Yam

Z-Zucchini