

A Call to Action:

Will you take the First 5 Pledge?

Babies form over 80 percent of the brain connections that determine how they talk, think, and grow by the time they are 3 years old. Children's earliest experiences have long-lasting effects on their potential to succeed in life. That's why First 5 is committed to ensuring our youngest community members have the best start in life.

By taking the Pledge, First 5 Riverside will recognize you as a First 5 champion and keep you connected to the issues that impact young children and families in our community.

I pledge to support young children and families in my community by standing with First 5 Riverside, the Riverside County Children & Families Commission, and committing to:

Staying updated.

First 5 Riverside will send you periodic e-mail updates about critical issues impacting young children and families in our community.

Getting involved.

I am interested in taking action by: (Please check all that apply)

- Sending letters to policymakers and community leaders
- Attending or participating in meetings about the issues
- Distributing materials and information to others
- Making young children and families a priority in my work/profession
- Volunteering to improve the lives of young children and families in my community
- Other (please specify): _____

I am interested in the following local and state policy issues: (Please check all that apply)

- Quality early learning
- Early identification and intervention
- Family strengthening
- Oral health
- Tobacco and e-cigarette prevention/cessation

Name _____ Title _____

Phone _____ E-mail _____

Please return this card to First 5 Riverside. Learn more at www.First5Riverside or 800-266-3880.

Thank you for standing with First 5 Riverside, the Riverside County Children & Families Commission, and pledging to support young children and families in our community!

